

Anne-Marie Burnett, Physiotherapist

Anne-Marie Burnett, BSc Hons, qualified as a Chartered Physiotherapist in 1996, graduating from the University of Liverpool with a First Class Honours degree. She initially worked for Heatherwood & Wexham Park NHS trust, completing basic grade rotations on the ITU, Medical and Surgical wards, Elderly rehabilitation, Orthopaedics wards and Day Surgery Unit. However her greatest inspiration came from working on the Stroke Unit and her interest in neurological conditions at this early stage has continued throughout her career.

On moving to London, Anne-Marie took on a junior and then senior post at a specialist home for ex-servicemen and women, providing multi-disciplinary rehabilitation for residents and outpatients. Here she further consolidated her skills in the treatment of clients with multiple pathologies, predominantly neurological, respiratory and orthopaedic in nature. She also gained significant experience in pressure care Management, posture and seating needs, and moving and handling issues. A key role for Anne-Marie was training and advising support staff and leading multidisciplinary client reviews.

Anne-Marie also had the opportunity to develop skills in the field of hydrotherapy, particularly in the treatment of clients with neurological and orthopaedic conditions.

Anne-Marie's interest in posture and seating later led her to take on a senior post with Parkside Health NHS Trust Wheelchair Service, working closely with rehabilitation engineers and technicians to provide seating assessments and specialist equipment for clients of all ages within the London Boroughs of Ealing, Hounslow, Hammersmith & Fulham.

In 2004, Anne-Marie was offered the opportunity to set up a Physiotherapy Service for a 24-bedded Young Persons Disabled Unit in Surrey, managing a service providing assessment and treatment of clients predominantly with acquired brain injuries and other neurological conditions. Later that year, Anne-Marie moved to Lincolnshire where her first post was as a Senior Physiotherapist for West Lincolnshire PCT. Here she was responsible for the provision of physiotherapy community services over a wide area of the district, treating clients with a wide range of conditions.



Additionally, Anne-Marie provided physiotherapy intervention within the Intermediate Care Team based in Sleaford. A key area of Anne-Marie's role in these posts was establishing effective multi-disciplinary working within a diverse team including Social Care Coordinators, Health Care Coordinators, GPs, Consultants, Primary Care Workers, Occupational Therapists and Social Workers.

Anne-Marie has always strived to approach her care and treatment of clients in a holistic manner, often stepping outside of her physiotherapy role to ensure that needs were met. As a practicing Physiotherapist she felt somewhat restricted in achieving this to maximum effect and this led to her decision to join a Case Management organisation in September 2005, which enabled her to use her existing skills whilst also expanding to a more diverse and person centred role. She worked as a specialist brain injury Case Manager for three years and then in September 2008 took on the role of Brain Injury Services Coordinator for a large care company, working with another specialist to develop the company's brain injury support services.

Anne-Marie worked closely with staff from the company's area offices throughout the country, providing extensive acquired brain injury training and ongoing comprehensive support to staff in order to establish the company's presence as a leader in specialist brain injury community support provision. In particular she advised on the development of care plans, behaviour support plans and risk assessments for clients presenting with challenging behaviour and complex needs.

Anne-Marie has now resumed practice as a Brain Injury Case Manager, a role to which she is ideally suited because of her highly effective communication and organisational skills and her wealth of experience within the field of brain injury.

Anne-Marie is a member of the Chartered Society of Physiotherapy, the Health Professionals Council and the British Association of Brain Injury Case Managers.



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