

Bheki Perelion, Registered Nurse

Bheki (Bhekimpilo) Perelion, RN, BSc (Hons), ENB998, ENB960, is a Registered Mental Health Nurse with experience of working with adults of all age ranges. Bheki trained at Redwood College of Nursing affiliated with Southbank University, after which she practiced as a Registered Mental Health Nurse within the NHS and the independent sector. She has a wealth of experience in managing and administering the combined aspects of Physical Care and Mental Health.

Bheki has extensive clinical experience gained in inpatient units, day hospitals and rehabilitation environments which has provided her with the opportunity of working directly with clients of all ages over the past 14 years. This experience included work in a medium secure service, catering for clients with multiple mental health difficulties, organic and Neuro-developmental disorders, and working with individuals with complex physical difficulties such as those with traumatic spinal cord injury and acquired brain injury. Since working at Bush & Company Rehabilitation Ltd Bheki has broadened her knowledge and skills further within these fields.

Bheki has a number of clients with a combination of needs such as mental health, acquired brain injury, orthopaedic and other traumatic injuries.

In her previous role as a Registered Nurse Manager and now as Case Manager Bheki has managed individual caseloads of clients with varying mental health diagnoses presenting with dis-inhibition, challenging behaviours, anxiety, trauma, distress, general medical conditions and drug abuse related disorders. The development and co-ordination of individual treatment packages has included liaison with the families/carers, social workers, psychologist, therapy staff and doctors, as well as the criminal justice and probation service. This role also incorporated assessment, planning, implementation and evaluation of client care to a high standard and supported client rehabilitation, recovery and eventual independence in order to live an independent life. Bheki gained experience and developed a number of skills along the way such as providing written reports for the care programme approach and Mental Health review tribunals, team leading and engaging with those suffering with severe complex problems.

Bheki has developed care plans, integrated care pathways and risk assessments and ensured in liaison with clients and their multi-disciplinary teams the safe management of client risk. Bheki has worked with Occupational Therapists and other multi-professional agencies regarding client care and progress feedback, in the development and facilitation of anxiety management programmes for clients.

Bheki's management experience includes the responsibility for the overall clinical and professional service development of a dual diagnosis specialised service. She has provided management support for the nursing department and Multidisciplinary team, participated in the development of policies in order to promote individualised care and chaired clinical governance and team meetings. Bheki has in-depth knowledge of Safe Guarding Vulnerable adults and experience in dealing with SOVA and POVA addressing capacity and deprivation of liberty issues, especially where neurodevelopmental and traumatic injuries are concerned. Bheki has experienced involvement in implementing Care, Quality Commission recommendations.

Bheki has an ENB 998 Teaching and Assessing, and has provided and facilitated learning and development opportunities for students and newly qualified staff. She attained a BSC (Hons) Forensic Care Degree and ENB 960 Working in Secure Environments. She has worked collaboratively and delivered Personality disorder training to both new and experienced staff as well as presented at a conference. She has contributed and jointly produced a Risk Assessment and Management working document. Bheki is a member of the Nursing and Midwifery, Royal College of Nursing and Case Management Society of the UK.

Bheki has undertaken Immediate Needs assessments and Case Management for Bush & Company Rehabilitation since 2009. She continues to broaden her knowledge base with regard to acquired brain injury and to consolidate her Case Management role through further training.