

Claire Singlehurst, Physiotherapist

Claire Singlehurst, MCSP, is a State Registered Physiotherapist currently working at Clinical Specialist level. She qualified as a Chartered Physiotherapist in 2001 following her graduation from the University of Northumbria at Newcastle in with a 2:1 BSc (Hons) in Physiotherapy.

Her diverse ten year career began at the Queens Medical Centre (QMC) in Nottingham, where she worked for a total of three years in the acute trust and gained a Senior Physiotherapist position in Neurology. Her experience whilst at QMC included working within the fields of acute medical practice, including rehabilitation of ITU (Intensive Care Therapy Unit) patients; musculoskeletal practice, respiratory care, acute neurology - including head injury and spinal injury patients; as well as rehabilitation of adults with learning disabilities, orthopaedic patients, amputees and stroke patients. Her experience equipped her with the holistic skills and sensitive approach needed to work with clients who have suffered devastating injuries and illnesses in order to significantly improve their outcomes and consequently enable them to achieve their optimum rehabilitation potential, level of function and quality of life.

Following her time at Queens Medical Centre, Claire became a Senior Physiotherapy locum, acquiring a broad range of clinical skills in a variety of settings. During this time she worked in rehabilitation and Intermediate Care Teams within Leicester City West PCT, Peterborough Hospitals NHS Trust, Daventry and South Northants PCT and Northamptonshire Teaching PCT. A large proportion of her work involved assessing clients in their own homes and ensuring implementation of appropriate and quality individualised rehabilitation and care plans, whilst actively liaising with the appropriate social sector services and the private sector.

Claire is a highly conscientious, adaptable and organised practitioner and continues to work within the NHS as a Clinical Specialist Physiotherapist within Palliative Neurology and Oncology, having now spent 6 years as Physiotherapy Lead within Northamptonshire's Palliative Care Services. Within this role Claire currently case manages up to 25 Neurologically impaired clients from their diagnosis, including patients with Parkinson's Disease, Multiple Sclerosis, Spinal Atrophy and Motor Neurone Disease, as well as other degenerative and highly debilitating conditions; ensuring appropriate care packages are provided, equipment



organised and effective treatment interventions are delivered. As well as this Claire provides hands on physiotherapy, including Acupuncture, to an active caseload of up to 30 Oncology patients, many of whom have severe disabilities from spinal cord lesions and brain tumours.

She is currently studying her MSc in Advancing Physiotherapy at Sheffield Hallam University and takes an active role in national development of physiotherapy services through presentations at specialist Conferences and attendance at International Symposia.

Claire is fully registered with both the Health Professions Council (HPC) and the Chartered Society of Physiotherapists (CSP); as well as being an active member of:

- ACPIN (Association of Chartered Physiotherapists within Neurology)
- ACPOPC (Association of Chartered Physiotherapist within Oncology and Palliative Care)
- BMAS (British Medical Acupuncture Society)

Claire has worked within the team at Bush and Company for two years now and is continuing to enjoy utilising her extensive skills to facilitate new clients in reaching their optimum rehabilitation potential, whilst providing them with ongoing holistic and supportive care of the highest standard.



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Registered Office

March House, Long March, Daventry, Northants NN11 4NR
Tel 01327 876210 | Fax 01327 872559 | DX 155100 DAVENTRY 4

www.bushco.co.uk