

## Darren Ayres, Occupational Therapist

Darren Ayres is a Registered Occupational Therapist who qualified from Canterbury Christ Church University College in 2001. He specialised in Neurology early in his career working on a rehabilitation stroke unit at Kings College University Hospital, London.

Darren then went on to work in the community for Islington Primary Care Trust, London working with adults with complex disabilities and Neurological problems. Following this Darren has been seconded to the Islington Re-ablement Team and has been key in setting up the service, training carers to adopt the Re-ablement philosophy and auditing the service. He has been consulting for this team for the last three years ensuring all Re-ablement packages of care have been set up to enable individuals to be as independent as possible in their own homes. Darren is also the Chairman of a national charity that support parents and carers of children and adults with Cri Du Chat syndrome.

His comprehensive assessment skills have allowed him to provide robust treatment programmes enhancing physical and cognitive function. His advanced clinical reasoning skills ensure patients ongoing needs are met appropriately. Darren's

reflective and client centred approach to patient care has been key to his success as an Occupational Therapist.

His most recent position has further advanced his skills in delivering training and auditing outcomes. Darren used his Occupational Therapy skills to consult with this team and was a key player in setting up a new service and ensuring its success over its three year lifecycle.

His technical skills include

- Standardised and non-standardised assessments of neurological, physical and cognitive function.
- Treatment planning
- Advanced clinical reasoning
- Planning and executing care programmes
- Reflective practise
- Auditing and Teaching

Darren has a wide range of experience of working with disabled parents and has produced a report for solicitors enabling a family to be reunited. Darren undertakes Immediate Needs Assessments under the 2007 Rehabilitation Code and provides case management services on both a joint and single instruction basis.