

## Jeanette Gash, Vocational Case Manager

Jeanette Gash, BSc (Hons) OT and accredited coach, has experience of working with adults with a wide range of physical and mental health problems. She is skilled in Occupational Therapy, condition management, coaching and vocational rehabilitation.

Jeanette is an Occupational Therapist registered with the Health Professions Council and is a member of the British Association of Occupational Therapists (BAOT) and Vocational Rehabilitation Association (VRA). She gained an honours degree in Occupational Therapy from Canterbury in 1997. Since qualifying she has gained experience across the NHS, social services and the private sector working mainly with adults.

After graduating, Jeanette worked for a large community trust in a mixed rotational post gaining experience in acute orthopaedics and trauma, general surgery, community day hospital and adult mental health. Completing this rotational post helped Jeanette develop her skills working with a variety of disabilities including orthopaedic conditions, amputation, stroke, rheumatology, progressive neurological conditions as well as mental

health conditions including mood and anxiety disorders.

Jeanette's first senior role was in a Community Hospital providing inpatient rehabilitation for adults. Her role included neurological assessments, cognitive and perceptual assessment, functional assessments and home evaluation.

After a maternity break, Jeanette moved into a Head OT post which covered inpatient and community re-ablement services. During this time Jeanette also became a calibrated AMPS assessor.

During a second maternity break, Jeanette completed a diploma in coaching and began working as a private coach, mostly in vocational services. Her coaching skills include Cognitive Behavioural Coaching, Motivational Interviewing, and Emergent Knowledge. Alongside her private work, she joined the Pathways to Work programme as an Occupational Coach. Her caseload was varied and included people with brain injury, physical disability and mental health problems. This role included condition management, wellbeing coaching and group work to help remove barriers to employment.