

Karen Brown, Occupational Therapist

Karen Brown qualified as an Occupational Therapist in 1999 at Northampton University with a BSc (Hons) in Occupational Therapy.

Following qualification, Karen gained experience in a physical health setting as part of a rotational post, this included trauma and orthopaedics, medical and surgical wards, an urology ward and inpatient rehabilitation.

Karen gained experience in the assessment and intervention of adults with a wide range of conditions. It was whilst on this rotation that she developed an interest in working with people who have suffered brain injury.

After three years, she became a senior Occupational Therapist on a Rehabilitation Day Unit at The University Hospital Coventry. During this time, the Day Unit has developed and become a specialist Neurological Rehabilitation Day Unit. Whilst working in the Day Unit she developed her skills in assessment, intervention and review of adults with a wide range of neurological conditions. Interventions include formal cognitive assessment, cognitive rehabilitation, assessment of people in their own homes, provision of equipment and minor adaptations, group work and advice and introduction to services available to this client group.

Karen Brown has qualified and practices as a field work educator for students on placement at The University Hospital. She also undertakes regular training by attending a wide range of study days and conferences. Courses have included a Braintree Training cognitive workshop and Mind Field courses on depression and managing anxiety.

Prior to training as an Occupational Therapist, Karen has worked as a nurse. She trained at The Salisbury School of Nursing and worked for several years at the Wessex Regional Burns Unit, following a move to London she worked in a private hospital in Ealing on a unit for paraplegic patients and then as an agency nurse in a wide variety of settings. She then moved to Northampton where she worked on the labour ward and in theatres at Northampton General Hospital.

Karen Brown is a member of BAOT and NANOT and is registered with the Health Professions Council.