

Laura Bochkoltz, Physiotherapist

Laura Bochkoltz has 20 years experience as a Physiotherapist and has specialised in Spinal Cord Injuries. Laura is registered with the Health Professions Council.

Her Clinical Specialist role in the NHS, the private sector and in her private practice gives her a comprehensive insight of the long-term problems and needs of the spinal cord injured individual. As an expert witness her assessments are thorough, the rationale behind her recommendations are clearly explained. Her Medico legal reports are fair, impartial, individualised and well presented.

Laura Bochkoltz qualified as a Physiotherapist in 1989. She became a senior physiotherapist in 1997 at the National Spinal Cord Injury Centre at Stoke Mandeville Hospital and was recognised as a Clinical Specialist Physiotherapist in Incomplete Spinal Cord Injury in October 2001.

Her experience at senior grade includes: Neuro-rehabilitation, complex Paediatric care, Intensive Care and respiratory management. The work at the Oxford Gait Laboratory at The Nuffield Orthopaedic Centre gives her an insight into objective ways of analysing gait (walking patterns) in Patients with neurological conditions.

She also worked at the Oxford Centre for Enablement at the Nuffield Orthopaedic Centre dealing with people with a Long-term disability.

Laura Bochkoltz currently works as a Clinical specialist physiotherapist at the International Spinal cord Injury Unit in the Royal Buckinghamshire Hospital. She works with individuals with both tetraplegia and paraplegia and also has experience of rehabilitating adults with spinal cord injury who have sustained a brain injury and present with cognitive deficits. Her experience has allowed her to develop her assessment skills and to be aware of the best available options to enhance their function.

She also has a Private Practice where she treats people with Neurological Conditions. This has given her a comprehensive insight into the long-term needs of those with a neurological condition and allows her a good practical understanding of the day-to-day needs of on-going therapy.

In addition Laura Bochkoltz lectures nationally and internationally to diverse professional groups and provides advice to physiotherapists on how to best treat spinal cord injured subjects.



Laura's lectures include topics on preventative measures that reduce the potential degradation of the client's situation and recuperative action that minimises the negative effects as much as is practical.

Laura Bochkoltz has extensive experience as an Expert Witness in spinal cord injuries for Medico- legal purposes. Solicitors comment on her comprehensive approach and her ability to explain clearly the rational behind her recommendations. She is very flexible to attend conferences and sticks to agreed deadlines.

Laura is a member of the Chartered Society of Physiotherapists and the Association of Chartered Physiotherapists.



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