

## Lisa Bowden, Occupational Therapist

Lisa Bowden, BA Combined Arts (Psychology), BSc Occupational Therapy, is a state registered Occupational Therapist, and qualified with a two-year postgraduate degree from The Essex School of Occupational Therapy (now part of Essex University) in 1998.

After qualifying Lisa spent a year working with adults with learning difficulties during their transition from institutional living to community living. During this time she was involved in identifying the environmental requirements of potential homes for people, many of whom had physical as well as learning difficulties, as well as developing programmes around social skills and life skills such as personal care, finance skills, and food and health issues.

Lisa then moved to Kings College Hospital in London, where following a basic grade rotation, specialised in neurosciences, and worked in neurological rehabilitation, in-patient neurology, paediatric neurosciences, neurology outpatients clinics and hand therapy. Prior to specialising in neurosciences Lisa spent 18 months working in the orthopaedic department under the guidance of a senior hand therapist, and gained skills in assessment and treatment of

orthopaedic, arthritic and neurological hand conditions, including fractures and tendon injuries. Working alongside a hand therapist and the Consultant Hand Surgeon allowed for development of sound knowledge of the effects of trauma to the complicated structure of the hand, and also the development of skill in hand therapy programmes and provision of resting and dynamic splinting devices.

Lisa remained in this department until 2004, and completed a number of specialist training programmes during this time, including British Association of Hand Therapists Level 1 Course, the use of standardized assessments with brain injured patients and cognitive impairment following brain injury.

In 2004 Lisa took maternity leave and had a daughter, who was later diagnosed with a rare neurological disorder. On returning to work she took a part time post in a joint NHS/Social Services run Community Learning Difficulties Team in Dagenham, Essex. Here she was involved in minor adaptations to accommodate the physical needs of service users, and ran individual and group programmes around skills such as health and fitness, independent living, and social skills/relationships. Lisa left this post



after a year to concentrate on her daughter's needs for a couple of years, and during this time took on some voluntary positions, including becoming a trustee on a national charity, 'The Cri Du Chat Syndrome Support Group', and supporting children in a local school with reading difficulties.

In 2008 Lisa returned to work, and joined Essex Social Services as an Occupational Therapist, and has worked with adults and children with varying physical disabilities, including, brain injury, spinal injury, neurological conditions, orthopaedic conditions and arthritis. Lisa has been involved in providing small pieces of equipment and commissioning specialist equipment where needed. She has also provided minor and major adaptations, to support individuals to remain as independent as possible in their own homes, and has been involved in setting up care packages and personal budgets where required to support people in their own homes. Lisa has also been a moving and handling assessor, and has supported carers in learning how to move people with limited or no mobility, in a safe manner and using the correct equipment.

In this role Lisa has worked closely with many other professionals, including therapists from Community Rehabilitation Teams and Reablement services, Social Work colleagues, Architects and Builders, and specialist equipment company representatives.

Throughout her career, Lisa's different roles have helped her develop skills in goal setting and treatment planning, case management, liaison with other professionals, and sourcing equipment and resources, whether statutorily or using private funding streams. Lisa has developed a sound understanding of the effect brain injury has on an individuals' functioning, and has a special interest in paediatrics. Lisa has recently moved into Case Management and Private Occupational Therapy provision.



Bush & Company Rehabilitation Limited registered in England and Wales.  
Company Registration Number 7180464. Directors Paul Bush MBE MBAE, Rachel Bush RGN, Sally Bush J.P., Karen Burgin RGN. Details of associates together with C.V.s can be found on our website.

**Registered Office**

March House, Long March, Daventry, Northants NN11 4NR  
Tel 01327 876210 | Fax 01327 872559 | DX 155100 DAVENTRY 4

[www.bushco.co.uk](http://www.bushco.co.uk)