

Miranda Cook, Occupational Therapist

Miranda Cook, BSc, OT, is registered with the Health Professions Council. She trained at the University of Liverpool and graduated with a BSc in Occupational Therapy in 1994.

She started her career in a rotational position before working at the Radcliffe Infirmary in Oxford where she began to develop her clinical specialist skills in Neurology. Miranda worked with patients with a variety of clinical diagnosis in the acute and rehabilitation phase at the Radcliffe Infirmary, frequently commencing assessment and intervention in the Neurological intensive care unit or following Neurological surgical procedures. Whilst working here she became an accredited AMPS (Assessment of Motor & Process Skills) user and underwent some training in splinting abnormal tone.

Following this, she spent five years working on the Stroke & Neurological Rehabilitation Unit at the Swindon & Marlborough NHS Trust. Here, Miranda Cook worked with patients including those with acquired brain injury, Multiple Sclerosis and Motor Neurone Disease both in the hospital environment and in the community setting. She completed her Basic Bobath training, training in assessment and treatment of adults with cognitive deficit and training in Dynamic Lycra splinting.

Miranda Cook then progressed to a Clinical Specialist OT post and began working as Head OT for Neurology Services for Hillingdon Hospital NHS Trust. She worked with a similar case load of patients in a rehabilitation ward setting. Both of these posts have enabled Miranda Cook to develop skills in the area of effective discharge planning.

Acting as a key worker for patients, she frequently arranged and co-ordinated community care services, liaised with families and patients concerning goal setting to establish a co-ordinated multi-disciplinary rehabilitation programme and also with regard to discharge planning.

In her capacity as Occupational Therapist, she had additional responsibility in assessing for wheelchairs and aids to daily living and also for minor and major adaptations.

Miranda Cook also commenced her Masters Degree in Neurological Rehabilitation at Oxford Brookes University and has to date completed two modules. She is also an accredited assessor in standardised cognitive assessment batteries for adults.

Miranda Cook currently works in the private sector as Head Occupational Therapist on



the International Spinal Injuries Unit at the Royal Buckinghamshire Hospital, Aylesbury.

Whilst continuing to effectively assess and undertake goal orientated treatment programmes for adults with acquired brain injury, Miranda Cook has further developed her clinical specialism in Neurology in working with adults following spinal cord injury. She has worked with individuals with both tetraplegia and paraplegia and also has experience of rehabilitating adults with spinal cord injury who also have sustained a brain injury and present with cognitive deficits.

Miranda Cook is an active participant in National Association of Neurological Occupational Therapists.



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