

Nina Smith, Physiotherapist

Nina Smith has seventeen years of experience as a Physiotherapist and specialised in neurological rehabilitation early in her career. Nina has a Master of Science Degree in Rehabilitation from Nottingham University and a Post Graduate Certificate in Teaching in Higher Education. She is a member of the Association of Chartered Physiotherapists in Neurology and is registered with the Health Professions Council.

Nina has gained a comprehensive insight of the needs of adults and children with neurological disability through her Clinical Specialist role in the NHS and her current role as an Independent Practitioner. She has extensive experience of working as part of a multi-disciplinary team for adults and children with complex needs; she liaises closely with other professionals and is passionate about working creatively to ensure each individual's potential is met. Nina has a special interest in working with people with acquired brain injury and cerebral palsy.

Nina qualified as a physiotherapist in 1993 from Queen Margaret University College, Edinburgh and worked as a junior physiotherapist for the Norfolk and Norwich NHS Foundation Trust. She progressed to a senior position in 1995 and specialised in rehabilitation for amputees as well as for people with neurological and pulmonary disorders.

Nina has worked in Australia, including with Aboriginal people in remote area communities and returned to the UK to further advance her neurological rehabilitation skills.

Nina gained the position of Clinical Specialist Physiotherapist in Neurological Rehabilitation for Stockport Foundation NHS Trust in August 2000. She was instrumental in setting up Service User and Carer consultation and evaluation groups to improve the quality of neurological rehabilitation services. She also organised continuing professional development training for the staff of acute and community trusts through her role as Clinical Governance lead. Nina contributed to regional and national service improvement projects via the Greater Manchester Neurology Research and Audit Group and the North West Stroke Task Force. Nina worked as a Physiotherapy Lecturer and Researcher at Keele University for 3 years; she taught and supervised Masters Level and undergraduate students and was the Research Physiotherapist for a Stroke Association funded upper limb rehabilitation research project.

Nina Smith set up her private practice in 2007; she currently provides assessment, treatment, education, equipment advice and group exercise for adults and children with a range of neurological problems and complex rehabilitation needs.



Her caseload includes clients with acquired brain injury and orthopaedic problems following road traffic accidents, spinal cord injury, stroke (cerebrovascular accident) and cerebral palsy. In addition, Nina lectures nationally to professional groups, voluntary organisations and carers' groups on various aspects of neurological rehabilitation, including postural management, manual handling, goal-setting, neuroplasticity, fitness training and strengthening.

Nina Smith is trained in the legal aspects of report writing and in the responsibilities of a Single Joint Expert. She has extensive experience of rehabilitation assessment, personal injury rehabilitation and the costing of disability, care, housing and equipment.



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