

Odile Waddington-Jones, Occupational Therapist

Odile Waddington Jones is an Occupational Therapist and is registered with the Health Professions Council. She trained at the St Andrews School of Occupational Therapy and qualified in 1995, after which she practised Occupational Therapy in an acute mental health setting in London at the Greenwich District Hospital.

Odile then continued to work in Mental Health in day centres and in the community in Chelsea, where she developed a Kanner's Group for people with schizophrenia. Following this she moved into the physical setting and worked as a senior therapist at Kings College Hospital where she gained experience of assessing and treating patients in the fields of hand therapy, orthopaedics, general medical and elderly.

Odile went on to become a senior therapist at Kings College Hospital in the Neuroscience Regional Unit and found a specialist role for herself assessing and treating higher level cognitive dysfunction. This led to her specialising in neurology and head injury and a move to a community post in Dorset treating clients with complex and higher level cognitive difficulties.

In her capacity as an Occupational Therapist she is a founding director of DOTS Disability, an innovative social enterprise formed and led by local disabled people and carers, using its income to provide services for disabled people and carers, promoting access to leisure/health, education and work.

Odile is part of a team providing disability equality services to statutory, voluntary and business sectors. She has facilitated the setting up of the peer led information, advice and advocacy service, supporting individuals to make their own choices and exercise control over their lives. She facilitates the volunteer training package which sits within the social model of disability, supporting individuals to recognise, reduce and remove barriers.

Odile works as an Independent Occupational Therapist assessing and treating clients either in their home or work place and provides reports with recommendations. She provides training to housing associations on working with disabled people and manages the provision of an OT service to a housing association for adaptations in the home.