

Pam Clare, Vocational Case Manager

Pam Clare, EN, DipHE OH, CBT Cert, Dip Psyc.st completed her nurse training in King's Lynn in 1988 and went on to work in both NHS and private hospital settings, mainly in accident and emergency surgery and theatres.

In 1995, Pam moved into the commercial healthcare sector working with and for insurers managing a variety of health claims, advising on the best management claims, making efficient use of rehabilitation resources available and assisting clients back to work where appropriate.

Working with an increasing number of clients with mental health issues, Pam went on to obtain a Diploma in Psychiatric Studies and a Certificate in Cognitive Behavioural Therapy.

For the last 10 years, Pam has been providing a rehabilitation case management service for insurers, employers and pension trustees, visiting employees assessment fitness and ability for work to enhance the management of claims/sickness absence, focusing on the occupational health and safety needs of each case, providing assessment, advice and solutions for the client.

Pam has extensive experience in case management with responsibility for managing both health and vocational issues for clients who are absent from work as a result of both mental health related illness and physical conditions. This role involves working with clients, assisting with rehabilitation needs to enable work readiness and then into work placements. She is experienced in liaising with primary care providers, the Benefits Agency and training consultants to provide an ongoing report of a persons' progress in rehabilitation. She is also adept at advising on suitable return to work programs for clients, whilst ensuring ongoing support and follow up for the individual, whilst going through this process.

In 2007/2008 Pam undertook further study at the University of Glamorgan and achieved Diploma in Occupational Health (merit) and NEBOSH Certificate (NGC1). Pam continues to work in Occupational Health settings on a part-time basis in order to maintain her clinical skills.

Pam is a member of the Royal College of Nurses.