

## Rosie Fielden, Occupational Therapist

Rosie Fielden, Bsc (Hons) OT, PGC, is an Occupational Therapist registered with the Health Professions Council (HPC), who qualified in 1993 after gaining a Bachelor of Science degree in occupational therapy. She gained a Postgraduate Certificate in posture management for people with complex disability in 2005.

She is a member of the British Association of Occupational Therapists (BAOT), and the following College of Occupational Therapists Specialist Sections – Independent Practice (COTSS-IP) and Older People (COTSS-OP). She is also a member of the Posture and Mobility Group (PMG) and an individual registrant with the British Healthcare Trades Association (BHTA).

Rosie Fielden worked for the National Health Service (NHS) for 12 years prior to becoming an independent practitioner based in Stamford, Lincolnshire. Her main interests have continued to be the elderly and people with long term conditions, neurological conditions, and particularly people with acquired brain injury. From 1993 to 2005, Rosie Fielden worked mainly with adults and older adults in a variety of clinical settings including short and long stay rehabilitation, community, acute care and latterly two wheelchair and seating services.

Her interest in people with acquired brain injury began in 1995 at Rivermead Rehabilitation Centre in Oxford, a specialist brain injury rehabilitation unit with an interdisciplinary goal planning approach to working with people with brain injuries and their families towards agreed goals.

In 1997, when she moved to the John Radcliffe Hospital, she was able to use her Rivermead experiences to set up an occupational therapy service for people with brain injuries on the trauma unit - an opportunity to be involved with this client group at an earlier stage of their recovery. This service, in collaboration with other members of the care team, enabled in-patients with brain injuries to be discharged into the community with an improved set-up of care and support services.

In 2000, Rosie Fielden then moved into the field of posture and mobility to gain skills, knowledge and experience seating and positioning adults and older adults with a wide variety of medical, orthopaedic and neurological conditions, including people with acquired brain injury, spinal cord injury and lower limb amputations. Her PGC in posture management enabled her to gain skills in special seating for those with neurological injuries requiring more supportive seating systems. Throughout, Rosie Fielden has been involved in the fieldwork education of occupational therapy students.