

## Sarah Bartholomew, Occupational Therapist

Sarah Bartholomew, Dip COT, State Registered Occupational Therapist, is an experienced Occupational Therapist registered with the Health Professions Council and is a member of the British Association of Occupational Therapists. She qualified in 1991 gaining The Diploma of the College of Occupational Therapists from the Derby School of Occupational Therapy.

She has specialised in the field of neurology, in particular brain injury, having experience in acute, rehabilitation and community settings.

On qualifying Sarah first worked in the field of mental health gaining experience in forensic, challenging behaviours and rehabilitation in the community. In 1994 she joined the basic grade rotation at the Queens Medical centre in Nottingham where she worked in general medicine and the acute spinal unit. In 1995 she gained her first senior post in a day hospital and her interest in neurology first developed.

In 1996 Sarah moved to London to take a senior post at the Wolfson Neurological Rehabilitation Unit and Atkinson Morley Regional Specialist Hospital. Her rotational post covered neurological rehabilitation, cognitive and communication rehabilitation, acute neurology and pain management. She also had experience in stroke rehabilitation, neuro surgery, intensive care and paediatrics.

Sarah worked as part of a multi disciplinary team and developed her skills as an occupational therapist and in client centred goal planning. Whilst at the Wolfson Sarah had a journal article published in the BAOT. She participated in teaching and training programmes and attended several courses on neurological subjects such as Adams Training in Physical Rehabilitation, Dyspraxia, Perceptual and Cognitive dysfunctions, as well as wheelchairs assessment and splinting. She also qualified in AMPS (Assessment of Motor and Process Skills) in 1997.

In 1999 Sarah became lead clinician at the St John's Therapy Centre (Community Neurological Rehabilitation). Sarah further developed her skills and interest in brain injury as well as developing skills in key working. In addition to her clinical role Sarah was involved in staff management, project leadership and training. She led developments in the service for clients with brain injury and became a member of the NANOT (neurological special interest group) Brain Injury Forum which produced national standards for Occupational Therapists. She also achieved further qualification in the administration of Neurological standardised assessments.

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In 2002 Sarah worked on a temporary basis at the Leicester General hospital. She worked on an intermediate care unit which provided rehabilitation and discharge planning for clients with a neurological diagnosis, amputations and complex orthopaedic conditions. She also worked on the young disabled unit providing rehabilitation and respite for predominately brain injured young people

In 2003 Sarah moved to the Rehabilitation Unit at the University Hospital of Coventry and Warwickshire. The unit provides outpatient multi disciplinary therapy to a neurological population. Sarah's senior role also includes being the lead therapist for brain injury and Parkinson's disease. She has developed training packages on these areas and is involved in competency training. Sarah has attending several courses on clinical and managerial subjects. Sarah continues to work in this setting on a part time basis.

Sarah joined Bush & Company in 2009 completing Immediate Needs Assessments under the Rehabilitation Code of Best Practice.



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