

Sarah Bartholomew, Occupational Therapist

Sarah Bartholomew, Dip COT, State Registered Occupational Therapist, is an experienced Occupational Therapist registered with the Health Professions Council, is a member of the British Association of Occupational Therapists and of BABICM (British Association of Brain Injury Case Managers). She qualified in 1991 gaining The Diploma of the College of Occupational Therapists from the Derby School of Occupational Therapy.

She has specialised in the field of neurology, in particular brain injury, having experience in acute, rehabilitation and community settings.

On qualifying Sarah first worked in the field of mental health gaining experience in forensic, challenging behaviours and rehabilitation in the community. In 1994 she joined the basic grade rotation in Nottingham where she worked in general medicine and the acute spinal unit. In 1995 she gained her first senior post in a day hospital and her interest in neurology first developed.

In 1996 Sarah moved to London to take a senior post at a specialist regional Neurological Rehabilitation Unit. Her rotational post covered neurological rehabilitation, cognitive and communication rehabilitation, acute neurology and pain management. She also had experience in stroke rehabilitation, neuro surgery, intensive care and paediatrics. Sarah worked as part of a multi disciplinary team and developed her

skills as an occupational therapist and in client centred goal planning

Whilst in this post Sarah had a journal article published in the BJOT. She participated in teaching and training programmes and attended several courses on neurological subjects such as Adams Training in Physical Rehabilitation, Dyspraxia, Perceptual and Cognitive dysfunctions, as well as wheelchairs assessment and splinting. She also qualified in AMPS (Assessment of Motor and Process Skills) in 1997.

In 1999 Sarah became lead clinician at the St John's Therapy Centre (Community Neurological Rehabilitation). Sarah further developed her skills and interest in brain injury as well as developing skills in key working. In addition to her clinical role Sarah was involved in staff management, project leadership and training. She led developments in the service for clients with brain injury and became a member of the NANOT (neurological special interest group) Brain Injury Forum which produced national standards for Occupational Therapists. She also achieved further qualification in the administration of Neurological standardised assessments.

In 2002 Sarah worked on a temporary basis in a General hospital in Leicestershire. She worked on an intermediate care unit which provided rehabilitation and discharge planning for clients with a neurological diagnosis, amputations and complex



orthopaedic conditions. She also worked on the young disabled unit providing rehabilitation and respite for predominately brain injured young people.

In 2003 Sarah moved to a Rehabilitation Unit at a University Hospital in the Midlands. The unit provides outpatient multi disciplinary therapy to a neurological population. Sarah's senior role also includes being the lead therapist for brain injury and Parkinson's disease. She has developed training packages on these areas and is involved in competency training. Sarah has attending several courses on clinical and managerial subjects. Sarah continues to work in this setting on a part time basis.

Sarah joined Bush & Company in 2009 completing Immediate Needs Assessments and Case Management under the Rehabilitation Code of Best Practice.



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Registered Office

March House, Long March, Daventry, Northants NN11 4NR
Tel 01327 876210 | Fax 01327 872559 | DX 155100 DAVENTRY 4

www.bushco.co.uk