

Sarah Broughton, Occupational Therapist

Sarah Broughton, MSc, Dip COT, SROT, qualified as an occupational therapist from St Loyes School of Occupational Therapy, Exeter in 1988. She is a member of both the British Association of Occupational Therapists and the specialist section of Neurological Occupational Therapists. Sarah is registered with the Health Professions Council.

She gained a Masters in Clinical Neuroscience in 1995 from the University of Surrey. She has worked in both the National Health Service and the private sector in a number of areas including general medicine, cardiology, orthopaedics, hand injuries and care of the elderly. She has specialized in the area of neurology for the last eighteen years.

Sarah's experience working in the field of neurology includes acute neuro-medical/surgical units, neuro-rehabilitation, acute stroke unit, outpatients and community rehabilitation. She has experience of a wide range of conditions including head injury, stroke, brain and spinal tumours and progressive neurological conditions.

She completed her basic grade rotation at St Thomas's Hospital in physical medicine

before moving to St George's Hospital in 1991 to work in Cardiology and Neurology.

From 1996 to 1997 she worked as a Head Occupational Therapist at the West Middlesex University Hospital establishing a large Multidisciplinary team as part of a two-year project treating clients in the community with an acquired neurological condition.

She then worked at the National Hospital for Neurology and Neurosurgery from 1997-1999 where she gained extensive experience working with a wide variety of neuro-medical and neuro-surgical conditions. She also developed expertise working with progressive conditions. In 1999 she moved to the Wellington Hospital as Head Occupational Therapist and helped develop a new service on a 45-bedded rehabilitation unit.

Following a move to Oxfordshire in 2001 she joined the Royal Berkshire NHS Foundation Trust as Head Occupational Therapist providing both clinical and managerial leadership to a team of eight occupational therapists within the regional neuro-rehabilitation unit. In 2002 she commenced working part time within the trust so that she could increase her work in the independent sector.

She has extensive experience of developing packages of care for clients with complex needs. She is skilled in assessing client's immediate needs as well as identifying their long-term needs and goals. She frequently presents at national conferences and provides teaching to a wide variety of audiences. She is committed to continued professional development and regularly attends courses related to current Occupational Therapy practice. She is also an accredited AMPS assessor.

Sarah was a national executive committee member of the Specialist section of Neurological Practice of Occupational Therapists (SSNP) between 1996-2004. She chaired the Chronic and/or Progressive Neurological disorders (SSNP) clinical forum and published national standards of practice in 2002 jointly with COT. She was the College of Occupational Therapist's representative on the Multiple Sclerosis NICE Clinical Guidelines Development Group.