

Sue Elizabeth Williams, RGN, MA, BSc, DipN, PGCE, SPQ

Sue Williams is a Registered General Nurse with over 30 year experience in Clinical Practice, ranging from;

- Acute & chronic health conditions
- Orthopaedic, amputee and general rehabilitation
- Neurological rehabilitation - including stroke and spinal cord injury

In 1999, Sue became the ward manager of the Welsh Spinal Cord Injuries Centre, at Rookwood Hospital Cardiff, where she initiated a number of service developments aimed at improving the care for people with Spinal cord Injuries, including a nurse led SCI out-patient service and the pre-admission / referral assessment process.

More recently Sue established the Welsh SCI Nurse Forum, in order to provide a support network for nurses caring for people with SCI and also to ensure a more cohesive approach to SCI care delivery.

Sue's drive to develop SCI care management led to an academic appointment at the School of Nursing & Midwifery, Cardiff University, where she lectures on the subject of Spinal cord injuries, Rehabilitation and as well as many other aspects of nursing practice. Since this appointment Sue has developed a number of professional courses/modules, one of these being an inter-disciplinary module on Care Management of SCI. Sue is motivated to improve the care management for people with SCI and has published a number of papers aimed at addressing this issue.

In 2008, Sue achieved a Masters degree in Disability & Rehabilitation (Education) at Bath University. Studying this subject has enabled Sue to deepen her knowledge and understanding of disability and the relationship of rehabilitation to 'independence'. As part of the Masters, Sue undertook an interventional study related to improving nurses attitudes towards disability.

Sue attends the Guttman Spinal Conferences yearly and in 2009 presented the results of a longitudinal study on the incidence of pressure sores in SCI patients. Further study in this area is planned.

Sue is also a member of MASCIP (Multidisciplinary Association of Spinal Cord Injury Professionals) attends conferences whenever possible. Sue is also a keen supporter of the SIA, and wrote 'Aging with SCI' for the 2008 edition of Moving Forward.

Qualifications include:

- Diploma of Higher Education in Nursing.
- Specialist Practitioner Qualification (Rehabilitation) NMC.
- BSc Degree in Professional Practice.
- Post Graduate Certificate in Education (PGCE).
- Registered Nurse Tutor.
- Member of the Royal College Nursing.
- MA In Education (Disability and Rehabilitation) at Bath University.

Professional Development

In 2011, Sue successfully undertook the Bond Solon Expert Witness training, and has been awarded the Civil Procedure Rules for Expert Witnesses Certificate to evidence her understanding and compliance with the requirements of her role as an Expert Witness.

Sue has published a number of papers related to rehabilitation and spinal cord injuries.

Publications

Journals

Improving the continuing care for people with spinal cord injury (2005) British Journal of Nursing: vol 14. number 3.161-165.

The effects of aging and decline in spinal cord injury (2006) British Journal of Neuroscience Nursing. Vol 2 Number 5, 232-238.

The role of patient centred goal planning in the rehabilitation of people with SCI (2006) British Journal of Neuroscience Nursing, Vol. 2, Iss. 7, pp 332 – 337.

The role of patient education in the rehabilitation of people with spinal cord injuries. (2007) British Journal of Neuroscience Nursing: Vol 3 no 2. 48-53.

Contribution to The First 48hours (SCI care management) published by the Spinal Injuries Association (2007).

The role of patient centered goal planning in the rehabilitation of people with Spinal Cord Injury (2008) International Journal of Therapy & Rehabilitation Vol 15, Number 4,p174-179.

Book Chapters

Improving the continuing care for people with Spinal Cord Injury (revised) in Woodward S (2006) Neuroscience Nursing: Assessment and Patient Management. Quay Books.

Books

Moving Forward: Ageing well with Spinal cord Injury. Spinal Injuries Association (SIA) Published July 2008.

Current writing projects

Chapter on Spinal cord Injuries in Woodward and Mesteky: Neuroscience Nursing (To be published late 2009).

