

## Sue Paddison, Physiotherapist

Sue Paddison, Grad. Dip. Phys., MCSP,  
Superintendent Chartered Physiotherapist/ Clinical  
Specialist In Spinal Cord Injury.

### Professional Memberships:

- Member of the Chartered Society of Physiotherapy
- Member of the Health Professions Council

Sue Paddison commenced her current post as Superintendent Physiotherapist, the Spinal Cord Injuries Centre at the Royal National Orthopaedic Hospital Trust, Stanmore in October 1993 and is the Physiotherapy Clinical Specialist in Spinal Injuries and team leader. She has more than 18 years experience working as a Senior/Superintendent Physiotherapist in Spinal Cord Injuries services.

Sue Paddison qualified as a Chartered Physiotherapist in 1986. Completed junior then senior II rotational experience in 1992, then went on to become a Senior I in Acute Trauma and then in Orthopaedics and Outpatients. She was promoted to Superintendent III Physiotherapist in Trauma and Orthopaedics in 1993.

Her current role offers comprehensive experience in working with people with spinal cord injury from the acute stage immediately post injury through the early rehabilitation and onto reintegration back into

the community. She has extensive experience of peripheral nerve injury and brachial plexus management, as well as diverse skills in musculo-skeletal conditions.

Working in an internationally renowned specialist research hospital, Sue Paddison is actively involved in cutting edge developmental practice and research in order to provide an evidence-based service. She works in an interdisciplinary culture based on a patient focused goal planning approach.

Earlier career experience at Senior grade included: Neuro-rehabilitation, complex Paediatric care, chronic and acute musculo-skeletal management, acute trauma management, complex diverse specialist orthopaedic management, rehabilitation, Intensive Care and respiratory management.

Sue Paddison acts as an Expert Witness in the physiotherapy management of spinal cord injuries for Medico-legal purposes and provides Immediate Needs Physiotherapy Reports for Case Management of patients in the community. It is estimated currently that this work is 36% for the claimant, 34%, for defendant and 30% joint instruction.

Sue Paddison has been a key member of a National working party, having worked for 6 years in collaboration with the Chartered Society of Physiotherapy to develop and audit the “National Standards of Physiotherapy in the Management of Spinal Cord Injuries.”

From 1999-2000 she worked as project leader, based in the Spinal Injuries Unit at R.N.O.H.T. Working with the N.H.S Executive Clinical Governance Support Team to implement the “ACCESS 2000” Clinical Governance Project initiatives within her organisation. The project aims to review and improve access to the spinal injuries service and to streamline and further improve acute service delivery. She subsequently was invited to become an Associate of The National Clinical Governance Support Team to assist in the sharing of these initiatives across all NHS organisations. This was in addition to her clinical role.

Successive work includes key involvement in the Review of Specialist Services in the South of England and subsequent development of the “Standards for Spinal Cord Injuries Services, 2003”.

Sue Paddison was the initiator of and conference convenor for the “Spinal Injuries: New Horizons” International Conference 2000 held in Westminster, London.

Publications include:

Lead author of Spinal Cord Injury Management in 'Neurological Physiotherapy' published in 1998, Stokes Ed,  
'The Physical Management of Neurological Conditions' in 2004, Stokes Ed. Currently awaiting publication of chapter in the 3<sup>rd</sup> Edition, 2010.  
Contributions to several chapters within the 'Pocketbook of Neurological Physiotherapy' published 2009, Lennon & Stokes Eds.  
Case reviews and papers in professional publications.

She is responsible for the RNOH Therapy Services risk assessment review, audit and development.

She has also represented the Chartered Society of Physiotherapy at topical meetings to discuss Spinal Injuries management.

Sue Paddison lectures nationally and internationally to diverse professional groups, as well as presenting papers at conferences and meetings relevant to her field.

Post graduate training includes undertaking two Advanced Bobath courses in the Management of Incomplete SCI individuals.

She is a clinical educator to undergraduate and post graduate MSc Physiotherapy students on Neuro-physiotherapy and Cardio-Respiratory Courses.

She is currently participating in a research project to investigate the effectiveness of using gait analysis in analysing improvement in gait in patients using the Odstock Drop Foot Stimulator.

She represented the Chartered Society of Physiotherapy at strategic meetings to discuss Spinal Injuries management and issues relating to the 'NSF for Long Term Conditions.

She acts as the spinal cord injuries resource contact for the Chartered Society of Physiotherapy "Media Handbook" and has been involved in professional consulting for TV and an Operatic production!

She is a member of the following special interests groups:

- Association of Chartered Physiotherapists in Neurology, having served on the London branch committee.
- Association of Orthopaedic Chartered Physiotherapists.
- The Medico-legal Association of Chartered Physiotherapists to support my work as an expert witness in Spinal Injuries cases.
- Multidisciplinary Association of Spinal Cord Injury Professionals (MASCIP).