

Trudi Knight, Registered Nurse

Trudi Knight, RGN, has a broad experience working as a nurse in a wide variety of clinical settings and specialities. She has worked as a Clinical Nurse Specialist for clients with complex long-term conditions, including ABI, Spinal injuries and progressive neurological disorders. She has experience of setting up domiciliary care packages, initiating and managing the client care assessment process. Trudi has been working as a Case Manager since 2007, working with personal injury clients with various injuries mainly complex orthopaedic injuries and amputations. She qualified as Registered General Nurse in 1998 at Harare School of Nursing. Post qualifying she worked in the Intensive Care Unit for 2 years where she was providing critical nursing care to patients requiring mechanical ventilation.

In 2000, Trudi moved to the UK and worked at Perry Locks Nursing Home as a Staff Nurse for 2 years. Her role involved elderly patient care in a nursing home setting including developing care plans and training and supervision of healthcare assistants.

In 2002 Trudi worked at the Priory Hospital in Birmingham for 2 year as a Staff Nurse in an Orthopaedic Surgical Ward providing post operative care for patients following surgery. The role included pain management, wound care, progress monitoring and provision of postoperative rehabilitation programmes working with the multidisciplinary team.

Between 2004 and early 2007 Trudi worked as a Clinical Nurse Specialist for Complete Personal Assistance Ltd, this post involved managing and setting up domiciliary care packages for clients with complex conditions requiring long term care in the community. The client's conditions included Acquired Brain Injuries, Spinal Cord Injuries, Multiple Sclerosis, Cerebral Palsy, Epilepsy, Muscular Dystrophy, Diabetes Insipidus and Severe Mental Health problems. The majority of the clients were on long-term mechanical ventilation. The role involved assessment of the client's needs, care planning, training and supervision of nursing and care staff, carrying out risk assessments and liaising with MDTs within the Health and Social Services and other funding bodies. She was also responsible for deputising for the Clinical Nurse Manager and managing the team of Clinical Nurse Specialists. She also had day-to-day contact with the nursing care staff and clients to maintain high standards of care at all times.

In 2006 Trudi attained a BSC (Hons) in Clinical Studies (the orthopaedics and trauma pathway) from The University of Central England, Birmingham.

Between March 2007 and September 2007 Trudi worked as a Disability Assessment Nurse, with Atos Health Care.



This role involved carrying out work capability assessments for claimants of incapacity benefits on behalf of the Department of Work and Pensions.

Since 2007 Trudi worked for a rehabilitation provider undertaking a range of immediate needs, vocational and case management services to over 100 clients. In her role as a Rehabilitation Case Manager, she organised and implemented a range of care and rehabilitation packages for clients with a broad range of catastrophic injuries. Work was completed on both a single and joint instruction basis.

From February 2009, Trudi has been working as an Independent Case Manager; carrying out immediate needs assessments and providing long term support and ongoing case management for personal injury claimants. The role involves working with adults and children with ABI, cerebral palsy, complex neurological conditions, spinal injuries, orthopaedic injuries and severe mental health problems. Trudi has a particular interest and level of experience in care management of clients with spinal injuries and long term ventilated clients.

Trudi joined Bush & Company Rehabilitation LLP in order to be able to utilise her long interest in the needs of spinal cord injured and ABI clients to provide case management services.

Trudi is a member of the RCN, British Association of Brain Injury Case Managers (BABICM), Case Management Society UK (CMSUK) and is registered with the Nursing and Midwifery Council (NMC).



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