

Trudy Preston, Social Worker

Trudy Preston, DIP SW, RNMH, BSc (Hons), is a qualified social worker with 16 years experience in working with people with disabilities both within the voluntary sector and social services departments. After completing a BTEC in Social Care in 1991, Trudy spent 2 years working in a mainstream nursery providing 1-1 care to children with special needs. In 1993 she began working with adults with physical and learning disabilities within residential placements.

Trudy then completed a BSC (hons) nursing and social work degree specialising in the field of learning disability between 1994 - 1997, whilst continuing to work part time as a support worker for people with disabilities.

In 1997 Trudy spent time as a locum social worker within a social services setting before taking up a post as a family welfare advisor for Mencap.

In the last 10 years Trudy has been working within a social services setting as a social worker for individuals with complex physical and/or learning disabilities and their families. This role has given Trudy a wide range of experience in setting up, managing and securing funding for complex care packages within family homes or for people who wish to live independently.

Trudy is experienced in being creative with care packages making use of funds available from statutory authorities, private funds, direct payments and The Independent Living Fund and has skills in supporting clients to interview and recruit personal assistants.

Trudy has worked for many years within a multi-disciplinary joint health and social services setting and is experienced in working alongside other professionals to achieve the best outcomes for her clients.

Trudy has experience in encouraging clients to gain new skills by pursuing college courses, work training schemes and supported employment, and has been part of advocacy and carers support projects.

Trudy is a determined advocate for her clients who will always push for individual's desired outcomes.