

Wendy Ruffle, Occupational Therapist

Wendy Ruffle qualified as an Occupational Therapist in 1995 at Sheffield Hallam University with a BSc (Hons) in Occupational Therapy. She has worked for Bush & Company since April 2007, completing a number of Immediate Needs Assessments as well as holding a case load of Case management clients.

Her areas of expertise include orthopaedics, amputees, Acquired Brain Injury, Brachial Plexus injuries as well as psychological trauma and mental health issues. She has assisted in the setting up and management of a number of complex care packages.

Following qualification she worked for seven years in a variety of mental health settings, including a medium secure unit, in-patient psychiatric unit, a day therapy centre and a community mental health team. She worked her way up from a Basic grade to a Senior I OT. During this time Wendy Ruffle developed many skills in group and individual work including life skills and anxiety management. She completed the RAID course for helping people with challenging behaviour which has helped her in her current role with clients with Acquired Brain Injuries.

Wendy Ruffle then decided to broaden her skills and moved to a Disability services team in Shropshire where she developed her skills in the

assessment, intervention and review of adults with a variety of physical disabilities including orthopaedic, neurological conditions, Acquired Brain Injury, sensory impairment and amputees.

Interventions included provision of equipment as well as major and minor adaptations from the provision of ramps and grab rails to wet floor area bathrooms right through to ground floor extensions. She also provided advice on a variety of services available in the local area to her client group, sourcing and signposting to many different services including voluntary and statutory services.

She then moved to South Staffordshire Disability team where she continued to work with adults with physical disabilities as well as developing a liaison role with South Staffordshire Housing Association (SSHA). This role was formalised between Social Care & Health and the SSHA and involved policy shaping and implementation. Wendy implemented the Minor Works without Delay guidelines written by the College of Occupational Therapy and set up an adapted housing register as well as reducing the waiting times for Disabled Facilities Grants by streamlining the process. Her role throughout her career has involved helping a wide and varied client group to come to terms with their disabilities and to help them to adapt their environment to enable them to live a fulfilled life.



Wendy enjoys the Case Management role particularly due to the opportunity to help build a rehabilitation program and assist her clients to fulfil their maximum potential.

Wendy regularly attends Bush & company training as well as Brain Injury Workshops and events held by various organisations including BIRT and Castlebeck.

She is a member of the BAOT, HPC and OTIP.



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