



# All about me

Hello, my name is **Helen Caple** and it's my job to help you. I thought you'd like to know a little bit more about me.

## My job

I look after children and adults who have either been involved in an accident or have an injury from when they were a baby.

## I am...



**Outgoing**

**Chatty**

**Friendly**

**Funny**



**Caring**

## My proudest moment as a case manager was..

When I helped a young boy who can't talk be able to communicate through his computer.



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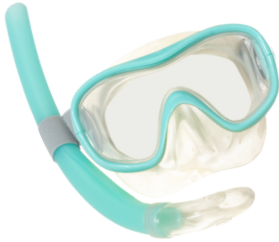


## When I was growing up I wanted to be...

A Nurse like my Mum

## My hidden talent is...

My friends and family tell me I'm a great cook. I enjoy clay pigeon shooting and scuba diving.



## I am happy when...

I am going on holiday with my husband and dog.

## I don't like...

Cold rainy days.

