



# All about me



Hello, my name is **Kathryn Dack** and it's my job to help you. I thought you'd like to know a little bit more about me.

## My job

I am a physiotherapist which means that I help people to get better by using my hands, exercises and sometimes machines.

## I am...



**Mum**

**Independent**

**Crazy Swimmer!**



**Curious**

## My proudest moment as a case manager was...

When my first ever case management client achieved her ambition to go to university to study to be a paediatric nurse.

# When I was growing up I wanted to be...

growing up in Essex, just outside London, I knew I didn't want to commute and work in an office. So I borrowed a careers book from the library and came across physiotherapy and found it very interesting. I arranged to visit the physiotherapy department at the local hospital and from then on, that was all I wanted to do. I made sure I took the right subjects at school and worked hard to get my exams and was accepted to train at The South Teesside School of Physiotherapy, over 250 miles from my home.



## My hidden talent is...

I can do the splits! I love swimming in cold water.

## I am happy when...

Spending time with my boys, I have 3 sons! #outnumbered



## I don't like...

Football!

