

**Balvir Kaur**  
**Occupational Therapist**  
**HCPC OT45446**

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**Adults and Young Adults**

**Disability/Injury/Special Interest:**

Balvir is able to complete quantum reports on a wide range of injury types including brain injury; specialist rehabilitation; cerebral vascular accident (stroke) rehabilitation; trauma; orthopaedics; vascular surgery; amputation; general medicine; dementia; home assessments; minor/major adaptations; research; brain injury rehabilitation

**Report Type:**

Quantum – Occupational Therapy; Care/Occupational Therapy

**Location:**

Based in the West Midlands

**Additional Languages:**

Punjabi, Hindi

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**Experience:**

Balvir started her career working in an acute setting, working in a rotational post including trauma and orthopaedics, cardiovascular surgery, general medicine/surgery, vascular surgery, elderly care and neurosciences. She has developed assessment and clinical reasoning skills and has experience of conducting functional and cognitive assessment, maximising functional independence through therapeutic activity, manual handling assessments and conducting risk assessments, attending team meetings, collaborative working, working in patients best interests, providing group therapy, accurate and concise report writing, identifying care needs and equipment for discharge and safe discharge planning.

Balvir progressed into working in the community and is able to conduct comprehensive home assessments, identifying need for enablement, risk assessments, identify and prescribe appropriate equipment, refer onto other services and assess for minor /major adaptations. Balvir has knowledge of the guidelines and procedures for major adaptations and has an awareness of safeguarding and barriers to services.

Balvir has worked in a Specialist Brain Injury Unit and has knowledge and skills of working with individuals who have sustained a traumatic brain injury that impacts on their quality of life. Balvir has the ability to manage complex cases, provide focused assessment/rehabilitation, implement effective use of memory strategies, and implement individual treatment plans. Balvir will work with the client to set realistic goals; providing neuro specific interventions, undertaking a key worker role, attend goal planning meetings, educating patients and their families, complete risk assessments, home visits and safe discharge planning.

Balvir also has experience of working with other neurological conditions such as brain tumour, stroke, multiple sclerosis, epilepsy, Parkinson's disease and dementia and is able to provide focused assessments including functional and cognitive assessments, effective rehabilitation techniques, identify level of care needs, equipment required for discharge and co-ordinate safe discharge planning.

**Professional Qualification and Education:**

- (Year 2002 – 2005) BSc (hons) Occupational Therapy November 2005

**Membership and Affiliations:**

- Registered with the Health and Care Professions Council